

HHS Spring menu 1 Week ending 20 May 2022	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Pasta with Marinara Sauce Parmesan Cheese Garlic Bread	Chicken Sausage Onion Gravy Mashed Potato	Beef Ragu Lasagne	Roasted Jerk Chicken Thigh Rice & "Peas" (Black Turtle Beans & mixed Beans)	Battered Pollock (Sustainably Caught) Chips
Main Course Grab & Go	Pasta with Marinara Sauce Parmesan Cheese Garlic Bread	Chicken Sausage, Roasted New Potatoes Peas	Beef Ragu Lasagne	Jerk Chicken Rice & Peas with Carrots & Peas	Brioche Bun, Battered Pollock Portion, Lettuce & Spicy Mayonnaise Skin on French Fries Mixed Salad & Coleslaw
Vegan Dish	Roasted Squash with charred red pepper sauce	Lincolnshire style Vegan Sausage Roasted Sweet Potato with Garlic & Herbs	Vegetable Chilli Coriander Quinoa	Jerk Roasted Cauliflower steak With Cauliflower Puree & Roasted Chickpeas	Vegan Dish of the day
Vegetables	Mixed Salad	Peas	Mixed Salad	Roasted Cabbage & Peas	Baked Beans or Peas
Dessert	Fresh Fruit Salad Pots Whole Fruit Organic Yogurt Cheese, Crackers & Raisins Vegetarian Jelly Alpro Yogurt	Homemade Crumble Custard Fresh Fruit Salad Pots Whole Fruit Organic Yogurt Alpro Yogurt	Homemade Mandarin Sponge Cake with Icing & Sprinkles Custard Fresh fruit salad pots Whole Fruit Organic Yogurt Alpro Yogurt	Homemade Coconut & Raspberry Steamed Sponge Custard Fresh fruit salad pots Whole Fruit Organic Yogurt Alpro Yogurt	Homemade Banana Sponge with Caramel Sauce Fresh fruit salad pots Whole Fruit Organic Yogurt Alpro Yogurt